EFFECT OF SIMPLIFIED KUNDALINI YOGA WITH AND WITHOUT VARMA THERAPY ON SELECTED RISK FACTORS AMONG REHABILITATIVE MIDDLE- AGED WOMEN AFFECTED WITH TUBERCULOSIS

A SYNOPSIS

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YOGA

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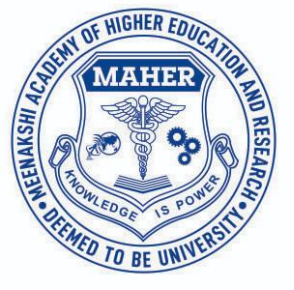

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